Plano East Senior High School

Track & Field (F)

## **Pre-Athletics Summer Camp Week 2- Girls**

Get Ready for 6th Grade Pre-Athletics! Is your child enrolled in 6th grade Pre-Athletics-or thinking about signing up? This summer camp is the perfect opportunity to get a sneak peek into what the class has to offer! Campers will participate in: baseline athletic testing, daily dynamic drills, targeted workouts and skill sessions, and fun, game-based activities to warp up each day. Healthy snacks and beverages will be provided for purchase in advance or on-site. What to bring: athletic clothes and shoes, sunscreen, personal water bottle, towel. Come ready to move, sweat, and have fun!

Camp Start Date: July 28, 2025 Start Time: 9:00:00 AM

Camp End Date: August 1, 2025 End Time: 12:00:00 PM

Venue Name: Murphy Gym

Venue Address: 620 N Murphy Rd, Murphy, 75094

Camp Cost: \$150.00

Questions: Jonathan Bannister jonathan.bannister@pisd.edu

Questions: Mark Woodyard mark.woodyard@pisd.edu

**Special Notes:** 

This camp is for incoming 5th and 6th graders, boys and girls.